



Dear Parents,

Field trips are integral to the education IST offers. IST believes that children learn best when they are engaged in their own learning and when their learning is closely linked to their personal experiences. Field trips provide this experience, as they provide opportunities for active, practical learning in a new and often exciting context; place students in direct context with their environment, Tanzania, which for many is new and fascinating.; and in some cases challenge students physically. All trip costs are paid by parents, as these are not included in the school's tuition. Below is a sampling of the types of trips IST usually offers.

Local Curriculum Related Trips

All students, EC 1 through Grade 12, take local field trips. Parents are notified in advance of the destination and there is usually no charge for these trips in Dar es Salaam. Some trips may require a small charge to cover entry fees or other similar type of expense.

Overnight Curriculum Related Trips

Overnight trips are taken beginning in Grade 4. Some trips are required for all students, while others are optional. Currently required trips are as follows:

Grade 4	Bagamoyo	Towards the end of September; Estimated cost: TShs. 85,000
Grade 5	Mikumi National Park	Towards the end of November; Estimated cost: TShs. 100,000
Grade 11	IB Diploma Orientation Program	Towards the end of August; Estimated cost: TShs. 100,000
Grade 11	IB Diploma Field Study in Biology and Geography	Towards the end of February Estimated cost: TShs. 180,000

Activity Related Trips

These trips are optional and usually relate to an after school program. Options usually include:

Grades 9-12	Model United Nations	The Hague; Usually at the end of January; Estimated cost: +/- \$2000
Grades 6-12	Language Trips-Subject to a minimum number of students Spanish Trip to Spain French Trip to Paris Kiswahili Trip to Zanzibar	Estimated cost: +/- \$ 2000
Grades 9-12	ISSEA Athletics: Men's /Women's Soccer/Volleyball	November 6-8 2008; Addis Ababa Estimated Cost: +/- \$750
	Basketball	March 5-7, 2009; Johannesburg Estimated Cost: +/- \$700

Grades 9-12	International Awards Scheme	Camping and hiking trips 2-7 days; Estimated cost per trip: TShs. 50,000 – 100,000
Grades 9-11	The Kili Climb	March/April; Students are selected and physical fitness is a key criteria; Estimated cost: +/- \$450 for 8 days and 7 nights
Grades 6-8	Climbing Mt. Meru	Towards the end of May; Students are selected and physical fitness is a key criteria; Estimated cost: +/- \$400 for 6 days and 5 nights

* All estimated trip costs to Tanzanian parks are subject to change if park fees increase

Extended Study Program (ESP) Grades 6-10

Annually, all students in these grades participate in ESP week. One week of school, usually in February (Gr9-10) or November (Gr6-8) provides the opportunity to study and learn outside of the classroom. Most ESP activities related to the five IB MYP 'areas of interaction'-Community Service, Approaches to Learning, Health & Social Education, Environment and Human Ingenuity. In each grade there is a range of activities that are age appropriate. Adults are assigned to each group at a ratio of 1 adult to 8-10 students. Examples of the types of trips are as follows:

Grade 6	Trip to Zanzibar	Estimated cost for 6 days:
Grade 7	Field Work in Bagamoyo Camping in Pugu Hills	Estimated cost: \$200 Estimated cost for 5 days: \$200
Grade 8	Hiking and Camping in Tanga (Peponi/Amani)	Estimated cost for 5 days: \$300
Grades 9/10	Selous Walking Safari	5 days; Estimated cost: \$350
	Trekking in the Usambara Mountains	5 days; Estimated cost: \$300
	Padi Scuba Dive Course	5 days; Estimated cost: \$575
	Photographic Safari at Mikumi NP	5 days; Estimated cost: \$450
	Historic Kilwa	5 days; Estimated cost: \$350
	Zanzibar cycling and forest adventure	5 days; Estimated cost: \$410
	Dar Dares	5 days; Estimated cost: \$180
	D'artists	5 days; Estimated cost: \$50

If you wish to learn more about these experiences, please contact the relevant Principal. There are also photos from many of the trips on the website.

Sincerely,

David J. Shawver, Ph.D.
Director